

Maharashtra University of Health Sciences, Nasik
Inspection Committee Report for Academic Year 2025-26
Webinar / Workshop / CME / Activities / Perform in Last One year

All reports must be available on web site.

Name of the College / Institute: PD Hinduja Hospital & MRC, College of Nursing

Faculty: Nursing

NO. OF WEBINARS ARRANGED, GUEST LECTURES & CNE / WORKSHOPS

(PUBLISH DETAILS ON COLLEGE WEBSITE)

S.N.	Details of Webinar / Workshop / CNE/ Activities Performed	Date
	Workshop Organized	
1.	POSH (One Hour Learning)	December 24
2.	Nutrition with Age	27.11.24
3.	World Mental Health Day: Stress Relieving Strategies	10.10.24
4.	Work Etiquettes with Soft Skills	30.08.24
5.	Operation, Care and Maintenance of Respiratory Devices	24.07.24
6.	International Yoga Day	29.06.24
7.	Personal Financial Management	22.06.24
8.	Unlocking the Power of IPR & Orientation on How's & Why's of IPR	11.05.2024
9.	Maximizing Learning Resources	02.05.24
10.	Master Class on OSCE	03.02.24

Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my best knowledge

Any Other, Please Specify:

Date: - 08.02.2025

Mahesh
Dean/ Principal Stamp & Signature

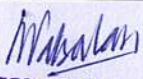
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DEPARTMENT: NURSING FOUNDATION

SR. NO.	Details of Webinar / Workshop / CNE/ Activities Performed	Date
1.	Workshop Organized	
2.	Motivation Session with Exam Tips	1.02.2025
3.	Exam Stress Management & Positive Thinking	22.01.2025
4.	World Mental Health Celebration	10.10.2024
5.	Fire Safety Drill	14.10.2024
6.	World Heart Day	30.09.2024
7.	Professional Enculturation – Grooming & Etiquette, Effective Study Habit, Know Your IKGI, Attitude Building, Vision & Goal Setting, Time Management, Super Brain Yoga, Decision Making Skills, Mindfulness, Presentation Skills & Principles of A.V Aids, Motivational Skills	16.09.2024 -25.09.2024
8.	Awareness Session on Organ Donation	03.08.2024
9.	Puberty Awareness In Prime Academy School	14.08.2024
10.	Motivation & Positive Thinking By Brahma Kumaris	01.07.2024
11.	Exam Booster Session	05.07.24
12.	Collaborative Learning And Peer Teaching-Anatomy Group Exhibition On Muscles	18.6.2024 & 19.6.2024
13.	BLS Session	3.5.2024

DEPARTMENT: MEDICAL SURGICAL NURSING

SR. NO.	Details of Webinar / Workshop / CNE/ Activities Performed	Date
	Workshop Organized	
1.	Smart Study Program	23.01.2025
2.	Exam Stress Management & Positive Thinking	31.01.2025
3.	Gender Sensitization Program	21.12.2024
4.	National Cancer Awareness Day	07.11.2024
5.	Emergency & Disaster Nursing Workshop	13.11.2024
6.	World Diabetes Day	12.11.2024, 14.11.2024
7.	Breast Cancer Awareness Month	26.10.2024
8.	Academic Industry Collaboration – Best Practices in IV therapy, Optimizing Safe Insulin Injection Technique For Diabetes, Central Line Care & Management, Advanced Wound Care Practice, Advanced Surgical Dressing	11.05.2024, 26.09.2024, 25.09.2024, 21.09.2024, 11.09.2024, 10.09.2024
9.	World Heart Day	30.09.2024
10.	Organ Donation Day	21.08.2024
11.	MUHS Foundation Day (NSS)	10.06.2024
12.	International Yoga Day	20.06.2024 & 21.06.2024
13.	World Health Day	06.04.2024

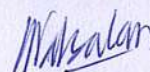

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DEPARTMENT: CHILD HEALTH NURSING

SR. NO.	Details of Webinar / Workshop / CNE/ Activities Performed	Date
1.	Workshop Organized	
2.	Child Psychiatric Workshop	21.01.2025
3.	PBLS Workshop	3.12.2024
4.	IMNCI Workshop	5.12.2024
5.	World Mental Health Day Celebration	10.10.2024
6.	World Breast Feeding Week Celebration	13.08.2024
7.	Educational Objectives Workshop	14.08.2024
8.	Neonatology Workshop	16.08.2024
9.	CSSU Activities – International Yoga Day	17.06.2024
10.	National Immunization Week Celebration	27.04.2024

DEPARTMENT: OB/GYNAC NURSING

SR. NO.	Details of Webinar / Workshop / CNE/ Activities Performed	Date
	Workshop Organized	
1.	Session on Mechanical Ventilator	20.01.2025
2.	Sensitization Session on ICU Preparedness	17.01.2025
3.	Performance Enhancement Program	28.11.2024
4.	OSCE for Competency Enhancement	27.8.24 & 21.09.24
5.	Cord Blood Awareness Month 2024 Journal Presentation	17.08.2024
6.	Exhibition Ii- Family Welfare Program	10.08.2024
7.	World Breastfeeding Week	06.08.2024 & 07.08.2024
8.	Workshop On Labour Pain Management On Positive Birthing Experiences	03.08.2024
9.	World IVF Day Debate Competition	25.07.2024
10.	International Midwife's Day – 2024	10.05.2024
11.	International Nurses' Day 2024	10.05.2024
12.	Obg Exhibition	20.04.2024
13.	National Safe Motherhood Day 2024	26.04.2024
14.	Disaster Management Fire Safety Workshop	02.03.2024
15.	International Women's Day 'Invest In Women. Accelerate Progress'	16.03.2024
16.	World Cancer Day 2024	04.02.2024



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DEPARTMENT: COMMUNITY HEALTH NURSING

SR. NO.	Details of Webinar / Workshop / CNE/ Activities Performed	Date
	Workshop Organized	
1.	Adolescent Health Camp	26.06.2024
2.	Antenatal And Postnatal Exhibition	21.06.2024
3.	Ayush Exhibition	11.07.2024
4.	In-Service Education	20.06.2024
5.	Miracle@ The Kitchen	08.06.2024
6.	School Health Program	19.06.2024
7.	Under Five Health Camp	21.06.2024
8.	International Women's Day	8.04.2024
9.	International Yoga Day	20.06.2024 and 21.06.2024.
10.	Cancer Awareness Program	16.01.2025
11.	NSS Day Celebration- Swachhta Hi Seva Campaign	24.09.2024
12.	Samidhan Diwas Celebration	26.11.2024
13.	World Mental Health Day	10.10.2024
14.	Independence Day	15.08.2024
15.	Environmental Day Celebration-Ek Ped Maa Ke Naam	15.08.2024
16.	Breast Feeding Week	06.08.2024
17.	World Organ Donation Day	03.08.2024
18.	World Environment Day	05.06.2024
19.	Diarrhoea Prevention Week	06.06.2024
20.	Rajya Abhishek Of Chatrapati Shivaji Maharaj	06.06.2024
21.	Red Ribbon Initiative	26.06.2024
22.	International Yoga Day	20.06.2024-21.06.2024
23.	MUHS Foundation Day Celebration	10.06.2024
24.	International Women's Day Celebration	16.03.2024
25.	Mera Pehla Vote Desh Ke Liye	28.02.2024-06.03.2024
26.	Cancer Awareness Month	22.02.2024-23.02.2024
27.	Republic Day	26.01.2024
28.	National Youth Day	12.01.2024



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VALUE OF THE MONTH CELEBRATION

SR. NO.	Value of The Month Celebration	Date
	Workshop Organized	
1.	Compassion	17.09.2024
2.	Perseverance	23.04.2024, 19.02.24
3.	Self Regulation	14.07.2024
4.	Accountability	3.09.2024
5.	Commitment	3.12.2024
6.	Team Work	8.03.2024
7.	Reflection	08.04.24-27.04.2024
8.	Gratitude	11.05.2024

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List of Research Projects conducted by OBG department 2023-25

1. An experimental study to assess the effectiveness of mother baby friendly breast feeding sling on maternal comfort and new-born feeding behaviour among postnatal women admitted in selected maternity hospitals of metropolitan city
2. A pilot study to identify prevalence of PCOS related symptoms among adolescent girls in selected NGO of Mumbai in a view to develop a module on- Healthy Teens, Healthy Cycles: PCOS Menstruation Insights 2024.
3. Level of Adversity Quotient (AQ) and Perceived Adversities among Final Basic BSc Nursing students in view to develop Role Transition Preparatory Module "Boost your Adversity Quotient" 2024
4. An exploratory study to assess women's experiences of muscle weakness as a menopause related symptom and quality of life among the perimenopausal and menopausal women of urban communities of metropolitan city in view to develop Muscular Endurance Program, 2025

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Ph.D. / PG Research Study

PhD

Name of the PhD/DM/M.Ch/PG scholar	Name of the Department	Name of the guide	Title of the thesis	Year of registration of the scholar	Year of award of PhD/DM/M.Ch/PG degree
Prof Dr Wilma Valsalan	Med -Surg Nursing	Prof Dr Jaya Kuruvilla	A sequential mixed method study on quality of life , coping and lived experience of women with ovarian cancer and their family caregivers in a selected hospital of a metropolitan city in Maharashtra	2017	2023
Prof Dr Siman Xavier	Community health Nursing		Effect of exercise rehabilitation program on smart phone addiction among young adults	2019	2024
Prof Dr Shubhangi Pangam	Child Health Nursing		A quasi experimental study on effectiveness of integrative interventions on motor activity, attention and academic performance in children with attention deficit hyperactive disorder(ADHD) from urban community	2019	2025

PG

Name of the PhD/DM/M.Ch/PG scholar	Name of the Department	Name of the guide	Title of the thesis	Year of registration of the scholar	Year of award of PhD/DM/M.Ch/PG degree
Ms. Sharon Miriam Kuruvilla	Med -Surg Nursing	Prof Dr Wilma Valsalan	A quasi-experimental study on effectiveness of integrated care bundle on adherence to fluid restriction among patient on maintenance haemodialysis in selected tertiary hospitals of a metropolitan city of Maharashtra	2022-2024	2024
Ms. Amanda Maria Dsouza	Med -Surg Nursing	Prof Dr Wilma Valsalan	An experimental study to assess the effectiveness of arterial line splint on radial arterial line stabilization and ease of monitoring intra-arterial pressure in ICU patient in selected tertiary hospitals of a metropolitan city of Maharashtra	2022-2024	2024
Ms. Ashwini Dipak Dongare	Med -Surg Nursing	Ms Sinta Mathew	A quasi- experimental study on the effectiveness of nurse led commusafe app on ease of communication among mechanically ventilated patients admitted in the invasive care unit of the	2022-2024	2024

			selected hospital in the metropolitan city of maharashtra		
Ms. Piety Errol Braganza	Med -Surg Nursing	Asso Prof Pooja Nair	A quasi-experimental study on effectiveness of self-care app on caregiver burden and self-efficacy among family caregivers of hospital in metropolitan city	2022-2024	2024
Ms. Suvarna Shrikant Khot	Med -Surg Nursing	Prof Dr Wilma Valsalan	A quasi-experimental study on effectiveness of shv as digital guide on procedural adherence in patients undergoing spirometry pulmonary function test in out patent department of selected hospitals in a metropolitans city of Maharashtra	2022-2024	2024
Ms Roohi Khan	Child Health Nursing	Prof. Dr. Mrunal Chavan	Effectiveness of the finger brush application on the level of oral hygiene in children on mechanical ventilator in PICU.	2022-2024	2024
Ms Nikita Kullu	Child Health Nursing	Prof. Dr. Mrunal Chavan	A descriptive study on caregiver burden and adopted coping strategies in mothers of children with Autism from selected schools in metropolitan city with a view to develop a self care digital guide for parents with autistic children.	2022-2024	2024
Ms Suchita Nevarekar	Child Health Nursing	Prof. Dr. Mrunal Chavan	Prevalence and Factors Associated with Insulin Adherence and Self-Care Management in Adolescents with Type 1 Diabetes Mellitus.	2022-2024	2024
Ms Neena Balakrishnan Nair	Obstetrical & Gynecology Nursing	Asso Prof. . Jacintha Veronica Fernandes	An experimental study to assess the effectiveness of mother baby friendly breast feeding sling on maternal comfort and new-born feeding behaviour among postnatal women admitted in selected maternity hospitals of metropolitan city	2022-2024	2024
Ms Kusram Varsha Dinesh	Community Health Nursing	Prof Dr Siman Xavier	A descriptive study on health related quality of life and factors affecting health related quality of life in patients with Tuberculosis from selected Urban community with a view to develop community based adaptation model for people living with Tuberculosis	2022-2024	2024

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Sr. No.	Name of the Faculty	Department	Designation	Research Papers						Conference Presentations					
				Title of Research Paper	Name of Journal/Conference	Year of Publication	ISBN/ISSN Number	Impact Factor (if applicable)	Indexed In (Scopus, Web of Science, etc.)	DOI (Digital Object Identifier)	Title of the Paper	Name of the Conference/Seminar	Venue & Date	National/International Level	Mode (Online/Offline)
1	Ms. Alison Biju	Nursing Foundation	Lecturer	Effectiveness of empathy building program on the level of empathy in B.Sc.nursing First year students	Global Journal For Research Analysis Volume 12, Issue 09, September 2023	2023	22778160	5.985 UGC Sr. No-49177		DOI :10.36106/gjra					
2	Ms. Chanchal Sain	Medical surgical Nursing Department	Clinical Instructor								Escape Room	Innovation - Where Collaboration, Creativity & Technology Meet	Holy Spirit Institute of Nursing Education, Andheri East	National E Conference, 2023	Online
				SNAPPS: AN INNOVATIVE METHOD TO FACILITATE CLINICAL JUDGEMENT SKILLS AMONG UNDERGRADUATE NURSING STUDENTS	Global Journal For Research Analysis VOLUME - 13, ISSUE - 04, APRIL - 2024 • PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra	2024	PRINT ISSN No. 2277 - 8160	5.95		DOI : 10.36106/gjra	"RISE" Growth Mindset Approach to build Resilient Nurse Leaders	BUILDING RESILIENT LEADERS : SHAPING THE FUTURE OF NURSING	Dr. Vithalrao Vikhe Patil Foundation's COLLEGE OF NURSING, Ahilyanagar 28th Dec. 2024	3rd International Conference 2024	Offline
	Ms. Hiteshi Thakur	Medical Surgical Nursing Department	Clinical Instructor	Effectiveness of Structured teaching programme on knowledge and expressed practices regarding foot care management among OPD diabetic patients in IGMC and Hospital Shimla Himachal Pradesh	Journal of Emerging Technology and Innovative Research (JETIR)	2023	ISSN. 2349-5162	7.95	Google Scholar, SSRN, and Microsoft Academic.						

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4.	Ms. Monalisha Sinha	Medical Surgical Nursing	Tutor	60 SECONDS DRUG REVIEW A NOVEL LEARNING STRATEGY ON PHARMACOLOGY FOR UNDERGRADUATE NURSING STUDENTS OF SELECTED NURSING COLLEGES.	Global Journal For Research Analysis VOLUME - 13, ISSUE - 03, June- 2023 • PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra	2023	PRINT ISSN No. 2277 - 8160	5.95		DOI : 10.36106/gjra	Flip Grid: An Innovative Teaching Pedagogy to Enhance Clinical Competency	Innovation - Where Collaboration, Creativity & Technology Meet	Holy Spirit Institute of Nursing Education, Andheri East	National E Conference, 2023	Online
				"MICROSAURUS" AN INNOVATIVE GAME-BASED TEACHING STRATEGY ON KNOWLEDGE RELATED TO "MUST KNOW MICROBES" IN NURSING STUDENTS.	Global Journal For Research Analysis VOLUME - 13, ISSUE - 04, April- 2024 • PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra	2024	PRINT ISSN No. 2277 - 8160	PRINT ISSN No. 2277 - 8160	DOI : 10.36106/gjra						
5.	Ms. Reena Dsouza	Nursing Foundation	Nursing Tutor	Effectiveness of empathy building program on the level of empathy in B.Sc.nursing First year students	Global Journal For Research Analysis Volume 12, Issue 09, September 2023	2023	22778160	5.985 UGC Sr. No-49177		DOI :10.36106/gjra					
6.	Ms. Deepthi Jyothsna	Nursing Foundation	Nursing Tutor	A Descriptive Study To Assess The Level Of Motivation In Anatomy And Physiology Among Nursing Students	Global Journal For Research Analysis Volume 12, Issue 09, September 2023	2023	22778160	5.985 UGC Sr. No-49177		DOI :10.36106/gjra					
7.	Prof Dr Wilma Valsalan	Research Department	Professor	Effectiveness of empathy building program on the level of empathy in B.Sc.nursing First year students	Global Journal For Research Analysis Volume 12, Issue 09, September 2023	2023	22778160	5.985 UGC Sr. No-49177		DOI :10.36106/gjra					

8.	Prof Dr Shubhangi Pangam	Child Health Nursing	Professor	Effectiveness of empathy building program on the level of empathy in B.Sc.nursing First year students	Global Journal For Research Analysis Volume 12, Issue 09, September 2023	2023	22778160	5.985 UGC Sr. No-49177	DOI :10.36106/gjra									
				"From Sweat to Diagnosis: The Gold Standard for Cystic Fibrosis Detection"	Journal of Critical Care Nursing, Volume 12, Issue I, February 2024 to June 2024	2024	23208570											
9.	Asso Prof Pooja Nair	Medical surgical Nursing Department	Associate Professor	Snapps: An Innovative Method To Facilitate Clinical Judgement Skills Among Undergraduate Nursing Students	Global Journal For Research Analysis VOLUME - 13, ISSUE - 04, APRIL - 2024 • PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra	2024	2277 - 8160	5.95	DOI :10.36106/gjra									
				60 Seconds Drug Review A Novel Learning Strategy On Pharmacology For Undergraduate Nursing Students Of Selected Nursing Colleges.	Global Journal For Research Analysis VOLUME - 13, ISSUE - 03, June- 2023 • PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra	2023	2277 - 8160	5.95	DOI :10.36106/gjra									
				"Microsaurus" An Innovative Game-Based Teaching Strategy On Knowledge Related To "Must Know Microbes" In Nursing Students.	Global Journal For Research Analysis VOLUME - 13, ISSUE - 04, April- 2024 • PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra	2024	2277 - 8160	5.95	DOI :10.36106/gjra									

11.	Ms Mansi Hirlekar	Community Health Nursing	Tutor	Impact of jigsaw technique on knowledge regarding five year Plans among nursing students	International journal of scientific research, vol-12 issue 03 March 2023	2023	2277 - 8179			DOI :10.36106/gjra				
				Quasi Experimental Study to evaluate the effectiveness of Hoffman's Exercise vs Syringe Technique on Breast Feeding among feeding mothers with flat & inverted nipple admitted in post natal wards	Global Journal For Research Analysis VOLUME - 12, ISSUE - 09, September-2023 • PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra	2023	2277 - 8179	5.95	DOI :10.36106/gjra					



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